

**Physician Order  
Emergency Seizure Medication**

Student Name \_\_\_\_\_ DOB: \_\_\_\_\_

Medication: \_\_\_\_\_ Route: \_\_\_\_\_

Dose \_\_\_\_\_ Time: \_\_\_\_\_ Frequency: \_\_\_\_\_

As per the student's Seizure Action Plan, the above listed medication has been ordered for:

☐ Refractory Seizures (Seizures not controlled by anti-seizure medication)

☐ Prolonged Seizures

☐ Cluster Seizures

☐ Other

As per Y.A.L.E. policy 911 EMS will be called anytime an emergency medication is administered.

In recognition that the State of New Jersey's Nurse Practice Act does not allow delegation of the administration of Emergency Seizure Medication and that only trained medical professionals may administer Emergency Seizure Medication in the school setting:

**Please check one:**

- ☐ Student must be accompanied by a health care professional on all out of school field trips.  
☐ Student may be accompanied by teaching staff who have been given training on seizure first aid by the school nurse and have reviewed the student's Seizure Action Plan, which will be taken on all field trips.

In the event that a trained medical professional is not available, teaching staff will:

1. Institute First Aid protocol as per Seizure Action Plan
2. Immediately call EMS 911
3. Supply EMS Personnel with Seizure Action Plan
4. Notify parent/guardian

When it is determined, by the student's treating neurologist, that the need for the use of the above emergency medication in the school is no longer needed, the school nurse must be notified in writing and this medication order will be discontinued.

\_\_\_\_\_  
Treating neurologist signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Stamp

I understand that as the above named student's parent/guardian that the school nurse will not administer Seizure Emergency medication more than 5 times in a month, and or more than once in 5 days, according to manufacturers dosing recommendations. It is further understood that as the parent/guardian authorizing emergency administration of Seizure Emergency medication, I will notify the school nurse or school administrator if the emergency medication has been administered at any time while the child has not been present at school. Such notification shall be given after administration of medication, before or at the beginning of the next school day in which the student is in attendance. I also understand that I must notify the school nurse of any changes or additions to my child's daily medications. Y.A.L.E. School will not be held liable for any adverse reactions that a student has, especially when knowledge of new medications or Seizure emergency medications are given at home, and not shared with the school nurse or administrator by the first day the student returns to school following home administration.

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date

# SEIZURE ACTION PLAN (SAP)



END EPILEPSY

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact/Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

## Seizure Information

Seizure Type	How Long It Lasts	How Often	What Happens

### How to respond to a seizure (check all that apply) ☒

- ☐ First aid – **Stay. Safe. Side.**
- ☐ Give rescue therapy according to SAP
- ☐ Notify emergency contact

- ☐ Notify emergency contact at \_\_\_\_\_
- ☐ Call 911 for transport to \_\_\_\_\_
- ☐ Other \_\_\_\_\_

### First aid for any seizure

- ☐ **STAY** calm, keep calm, **begin timing seizure**
- ☐ Keep me **SAFE** – remove harmful objects, don't restrain, protect head
- ☐ **SIDE** – turn on side if not awake, keep airway clear, don't put objects in mouth
- ☐ **STAY** until recovered from seizure
- ☐ Swipe magnet for VNS
- ☐ Write down what happens \_\_\_\_\_
- ☐ Other \_\_\_\_\_

### When to call 911

- ☐ Seizure with loss of consciousness longer than 5 minutes, not responding to rescue med if available
- ☐ Repeated seizures longer than 10 minutes, no recovery between them, not responding to rescue med if available
- ☐ Difficulty breathing after seizure
- ☐ Serious injury occurs or suspected, seizure in water

### When to call your provider first

- ☐ Change in seizure type, number or pattern
- ☐ Person does not return to usual behavior (i.e., confused for a long period)
- ☐ First time seizure that stops on its' own
- ☐ Other medical problems or pregnancy need to be checked

### When rescue therapy may be needed:

#### WHEN AND WHAT TO DO

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

## Care after seizure

What type of help is needed? (describe) \_\_\_\_\_

When is person able to resume usual activity? \_\_\_\_\_

## Special instructions

First Responders: \_\_\_\_\_

Emergency Department: \_\_\_\_\_

## Daily seizure medicine

Medicine Name	Total Daily Amount	Amount of Tab/Liquid	How Taken (time of each dose and how much)

## Other information

Triggers: \_\_\_\_\_

Important Medical History \_\_\_\_\_

Allergies \_\_\_\_\_

Epilepsy Surgery (type, date, side effects) \_\_\_\_\_

Device: ☐ VNS ☐ RNS ☐ DBS Date Implanted \_\_\_\_\_

Diet Therapy ☐ Ketogenic ☐ Low Glycemic ☐ Modified Atkins ☐ Other (describe) \_\_\_\_\_

Special Instructions: \_\_\_\_\_

## Health care contacts

Epilepsy Provider: \_\_\_\_\_

Phone: \_\_\_\_\_

Primary Care: \_\_\_\_\_

Phone: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

Phone: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

Phone: \_\_\_\_\_

My signature \_\_\_\_\_

Date \_\_\_\_\_

Provider signature \_\_\_\_\_

Date \_\_\_\_\_

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**END EPILEPSY**



## Questionnaire for Parent of a Student with Seizures

Please complete all questions. This information is essential for the school nurse and school staff in determining your child's special needs and providing a positive and supportive learning environment. If you have any questions about how to complete this form, please contact your child's school nurse.

### Contact Information

Student's Name	School Year	Date of Birth	
School	Grade	Classroom	
Parent/Guardian	Phone	Work	Cell
Parent/Guardian Email			
Other Emergency Contact	Phone	Work	Cell
Child's Neurologist	Phone	Location	
Child's Primary Care Doctor	Phone	Location	
Significant Medical History or Conditions			

### Seizure Information

1. When was your child diagnosed with seizures or epilepsy? \_\_\_\_\_

2. Seizure type(s)

Seizure Type	Length	Frequency	Description

3. What might trigger a seizure in your child? \_\_\_\_\_

4. Are there any warnings and/or behavior changes before the seizure occurs? ☐ YES ☐ NO  
If YES, please explain: \_\_\_\_\_

5. When was your child's last seizure? \_\_\_\_\_

6. Has there been any recent change in your child's seizure patterns? ☐ YES ☐ NO  
If YES, please explain: \_\_\_\_\_

7. How does your child react after a seizure is over? \_\_\_\_\_

8. How do other illnesses affect your child's seizure control? \_\_\_\_\_

### Basic First Aid: Care & Comfort

9. What basic first aid procedures should be taken when your child has a seizure in school?

10. Will your child need to leave the classroom after a seizure? ☐ YES ☐ NO  
If YES, what process would you recommend for returning your child to classroom:

### Basic Seizure First Aid

- Stay calm & track time
  - Keep child safe
  - Do not restrain
  - Do not put anything in mouth
  - Stay with child until fully conscious
  - Record seizure in log
- For tonic-clonic seizure:**
- Protect head
  - Keep airway open/watch breathing
  - Turn child on side