

COVID-19 POSITIVE Contact Your School Nurse

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| <p><u>Symptomatic</u></p> | <p>Regardless of vaccination or previous infection status, COVID-19 testing is recommended for anyone with symptoms. Symptomatic persons should consider getting tested for other respiratory illnesses that could be spread to others, such as flu.</p> <ul style="list-style-type: none"> If your child has tested positive for <i>FLU</i>: Seasonal Influenza <ol style="list-style-type: none"> The student may return to school if fever free for 24 hours without the use of fever reducing medication and symptoms are improving. Please contact your school nurse concerning POSITIVE FLU Illnesses. |
| <p>COVID-19 Positive Symptomatic with Resolving Symptoms</p> | <p>Stay home. If your symptoms improve by day 5, you can end your isolation on day 6 and return to school/work. If symptoms persist, continue to isolate until you are fever free for 24 hours without fever-reducing medications and symptoms have improved.</p> <ul style="list-style-type: none"> Mask wearing on days 6-10 in school. <p>Contact your school nurse. Go to: covid19.nj.gov/pages/quarantine-calculator for Isolation and Quarantine Calculator</p> |
| <p>COVID-19 Positive Asymptomatic</p> | <p>Stay home. If you remain symptom free, you can end your isolation on day 6.</p> <ul style="list-style-type: none"> Mask wearing on days 6-10 in school. <p>Contact your school nurse.</p> |