DEFINING AUTISM: FROM NONSPEAKING TO PROFESSIONAL SPEAKER



DR. KERRY MAGRO ED.D. KERRYMAGRO@GMAIL.COM KERRYMAGRO.COM

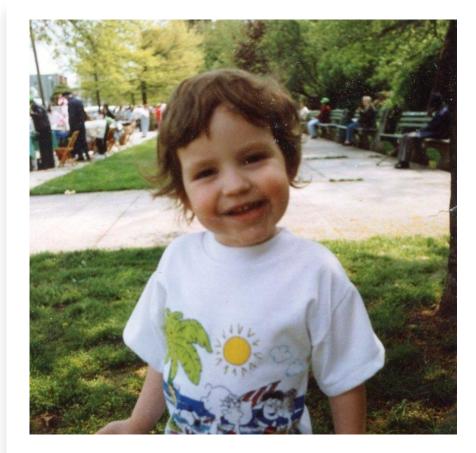
<u>Interactive activity</u> We will be starting shortly. In the chat box please tell us...

 Your name
When were you first introduced to the topic of autism (when your child was diagnosed, educator, therapist, etc.)



My Diagnosis

- Non-verbal till I was 2.5
- Diagnosed w PDD-NOS-at 4
- Speech delay, expressive and receptive language disorder, Severe sensory integration dysfunction, auditory processing disorder, twirling, dysgraphia, motor challenges
- Emotional issues throughout adolescence due to limited speech



My challenges with sensory processing (began at two)

- Deathly afraid of bells, sirens while hypersensitive to sounds
- Couldn't' t go out in wind, rain, snow
- Couldn't be bathed, wouldn't go swimming, or take showers
- Didn't want to be touched, hugged
- Would only eat certain foods (bologna sandwiches)
- Couldn't put stamps on hands would scream to take it off
- Had to have in house Occupational therapy with Pediatric SID specialist
- Began with gak, rice to increase tolerance of different textures. Brush skin to increase tolerance
- Gradually liked water would run under showers at pool

Dr. Kerry Magro EdD: Professional Speaker

From nonverbal to professional speaker: Spoken at over 1150 events in the past 11 years.

Films: Joyful Noise & Jane Wants A Boyfriend

TV: HBO's Mrs. Fletcher

Books: Defining Autism From The Heart, Autism and Falling in Love & I Will Light It Up Blue (available on Amazon)

CEO: KFM Making A Difference



IM THE NEW AUTISM CONSULTANT ON NETFLIX LOVE ON THE SPECTRUM

....

AUTISTIC ON AUT

STORIES YOU NI ABOUT WHAT HI WHILE GROWING PURSUING THEIR

EDITED BY K



LIFE AFTER

Resetting Perceptions of Autism Strategies and Reflections

> Edited by Rebecca Silva, Ruth Prystash, René DeLoss, and Carol Burmeister

> > Forevord by Peter Vermeuler

RESETTING PERCEPTIONS OF AUTISM

This one-of-a-kind collaboration with over 40 well-known professionals and individuals with ASD provides wisdom, humor, and a hefty dose of reality for autistic and non-autistic readers.

As the world engages in plans for reopening, the adjustment to rebuilding social connections, returning to school, and navigating a post-COVID world can be extremely anxiety-inducing for those with autism.

DEFINING AUTISM FROM THE HEART



KERRY MAGRO

#1 #3 on an Amazon on an Amazon Best-Seller List Best-Seller List

Autism and Falling in Love

To the One That Got Away

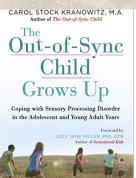
Kerry Magro



Contributed to book with Temple Grandin and Stephen Shore

CONTRIBUTORS INCLUDE SOME OF THE MOST FAMOUS AND WELL-KNOWN PEOPLE IN THE FIELD, INCLUDING:

> TEMPLE GRANDIN KERRY MAGRO TONY ATTWOOD KELLY LONDENBERG AND OVER 40 MORE!





AUTISTICS on AUTISM

STORIES YOU NEED TO HEAR ABOUT WHAT HELPED THEM WHILE GROWING UP AND PURSUING THEIR DREAMS



EDITED BY KERRY MAGRO

Making a Difference for Autism Scholarship Program & Grant Opportunity for Small Businesses That Hire Disabled People

- Filled out paperwork for non-profit status in 2011
- Given out 100 scholarships for adults with autism to attend college in past 8 years
- Given out 6 small business grants in 2020
- Give out scholarships every Spring,
- Apply for our Grant and/or Spring scholarship here: <u>www.kfmmakingadifference.org</u>
- <u>Autistics on Autism came out March 29th on Amazon</u>
- <u>Thrilled to announce we reached an Amazon best-seller</u> <u>list for Autism & Aspergers Syndrome</u>

Talks I give

- Offer work on retainer in a technical advisor role with to help assist students with special needs, their families and schools through events in district, schools, online, and social media presence.
- Schools
 - Student assemblies
 - Professional development for teachers
 - SEPAC/PTA presentations for parents/ community
- Businesses
 - ROI benefits of hiring people with disabilities
 - Powerpoint best practices
- Skype presentations for those with limited budgets
- Keynotes and breakout sessions at conferences and other special events on early access to care, transition to adulthood, bullying prevention and much more

Not all disabilities Iook like this Some look like this

We need to normalize in our classrooms that "Disability has no look"

Prevalence of Autism

- 1 in 44 (1% U.S. Population)
- Over 7 million
- 1 in 27 boys
- 1 in 116 girls
- Over 70 million people worldwide
- Cost a family an average of \$60,000 a year across the child's lifespan

- Over 700,000 children will reach adulthood within the next decade.
- 35% of people with autism will not go to college
- Majority unemployed or underemployed
- 63% of children with autism are bullied
- 81% of adults with autism still live with their families
- 49% percent of people with autism wander and go missing as a result

SO WE'RE GONNA BE TALKING TO THE CAMERA

Facebook.com/KerrysAutismJourney Support my nonprofit's video series at Patreon.com/ASpecialCommunity Things NOT to say during April & Autism **Acceptance Month** (or anytime really)... "You don't look autistic." "I'm sorry." "But you seem so normal." "We're all a little autistic." "What's your special ability."

Dr. Kerry Magro Ed.D. Professional Speaker Have me give a virtual talk with your company: Kerrymagro@gmail.com My new book 'Autistics on Autism' is now out on Amazon. 10 questions I'm most frequently asked about



- Public vs. Private vs. Homeschooling
- Picky-eating challenges
- Medications
- Transition to adulthood
- Making friends
- Bullying
- Challenging Behaviors
- Toilet training
- ABA
- Communication/Nonspeaking autism

Created a Frequently Asked Questions List with information based on what I've learned from my journey: bit.ly/ autismfaqlist





Consider lesson plans on success stories: Celebrity Disability Bingo

- Did you know Michael Jordan was diagnosed with ADD at a young age?
- Magic Johnson ADHD
- Leonardo Dicaprio Dyslexia
- Justin Timberlake ADD and OCD
- Michael Phelps- ADHD
- Dan Aykroyd Autism

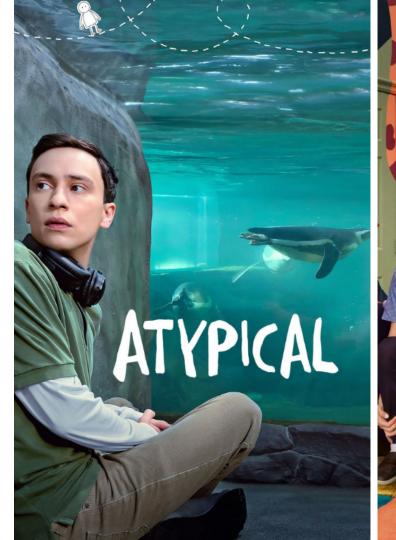
Learning about my diagnosis at 11

- Helped me self-advocate and learn more about my diagnosis
- Advocated for myself throughout the IEP meetings to learn more about my strengths/weaknesses
- Started on a novice level, "You have something called autism but it doesn't make you any less of a person."

Introducing entertainment to discuss autism

- Daniel Tiger's neighborhood (PBS Kids)
- Hero Elementary (PBS Kids)
- Julia on Sesame Street (HBO)
- Teens/Adults Atypical (Netflix), Temple Grandin (HBO), Joyful Noise (VOD)





AMAZON ORIGINAL AS WE SEE IT

Communication Matrix

- Before doing anything else complete this skills assessment designed to evaluate your children's communication abilities.
- Looks at possible communicative behaviors
 - pre-intentional (involuntary actions, including crying when wet or hungry);
 - intentional (actions such as fussing and turning away that are not primarily intended for communication);
 - unconventional (tugging, crowding to get attention);
 - Etc.)

https://communicationmatrix.org/

Continue promoting visuals through video modeling

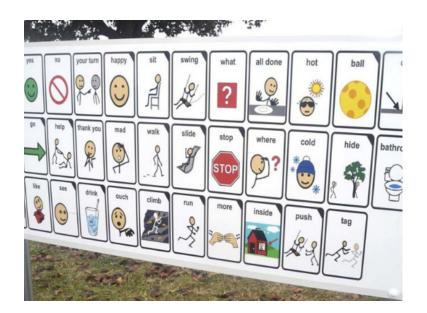
- They watch the task and then follow through with the task
- Also consider video prompting (breaking down the task into different steps for younger learners)
- Pursue social stories (make them personalized if possible)
 - Utilize via photos of students Very easy to do via Powerpoint presentations

More inclusive events for your classrooms

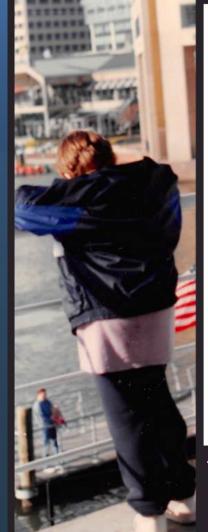
- Sensory trick or treat
- Unified playgrounds
- Unified P.E.
- Unified after school sports
- Sensory-friendly Santa/Easter events
- AMC Theatres Sensory-friendly movie outings
- Learn how you can make an event 'sensory-friendly' at paautism.org

PECS Board For Schools who have nonverbal students

•Learn more on how to get one by contacting the Elizabeth Town Education Foundation



https://www.elizabethtowneducationfoundation.com/



I Want to See **More Autism** Acceptance in Schools to **Help Put an** End to Bullying

-DR. KERRY MAGRO ED.D. FOLLOW ME AT FACEBOOK.COM/KERRYSAUTISMJOURNEY I SPEAK VIRTUALLY ABOUT ANTI-BULLYING EMAIL ME AT KERRYMAGRO@GMAIL.COM

Victim of bullying

- Didn't have the social abilities to defend myself.
- Often was alone in my classes so I was an easy target
- Need to help our students define the following terms...
 - What is a bully
 - What is a friend
 - When someone is being sarcastic
- Encourage roleplaying situations and what to do when you are being bullied.
- October is National Bullying Prevention Month

Ways to combat bullying

Cool2BeKind Anti-Bullying Clubs – Napab.org

Lunch buddies

Hosting virtual or in-person assemblies with guest speakers

Some students will prefer identity first versus person first language (I.e. A deaf person versus a person who is deaf)

- Validation from identify first language
- Neurodiversity movement is leading to a larger conversation around Disability Acceptance instead of Disability Awareness
- Try to avoid functioning labels
 - "Kerry is high-functioning"
 - Instead "Kerry's strengths are communication and his weakness is sensory challenges"

Tag me in your social media posts from today's event @KerryMagro



10 Things That Helped Me With The Journey To Adulthood

- Dude Where's My IEP?
 - We need to educate schools that transitional services must be provided at 14 for those with an IEP
- Roleplaying
 - Mock interviews, dating scenarios, etc.
- Servant Leadership
 - Received Presidential Service Award for 400 hours of community service.
- Learning from other self-advocates
 - Becoming friends with Temple Grandin & Stephen Shore
- Peer mentoring
 - All schools, businesses and nonprofit organizations should have a strong mentoring program to help others on their journey

10 Things That Helped Me With The Journey To Adulthood

- Cognitive Behavioral Therapy
 - Helped me collect positive thoughts when transitioning to adulthood
- Self-reflection Begin with the end in mind
 - Each January writing at least 3 short-term and long term goals in a Journal
- Physical activity
 - As we learn more about how the brain it's important to understand the benefits of daily exercise when it comes to positivity endorphins AND retention of information (Depression on the rise for those with an ASD)
- Finding support networks such as the Autism Society of America
- Writing a blog: Kerrymagro.com/blog
 - Hundreds of self-advocates write everyday. Great went to vent as well.

Autism doesn't come with an instruction guide. It comes with a family who will never give up.

While this is sometimes true (for autistic people like me whose parents became my greatest advocates) we also need to help those who don't have that family support.

Have Dr. Kerry Magro Ed.D, an autistic public speaker give a talk with your school/business. Email: Kerrymagro@gmail.com



Autism can't define me. I define autism.

DR. KERRY MAGRO EDD,CAS PROFESSIONAL SPEAKER KERRYMAGRO.COM KERRYMAGRO@GMAIL.COM Thank you! If you take your phone out and go to your camera and take a photo of the screen and scan the QR code I'll be more than happy to send you the powerpoint slide notes. Also available at <u>bit.ly/kerryslidenotes</u>

Website: Kerrymagro.com

Email: Kerrymagro@gmail.com

Facebook Fan Page: Facebook.com/kerrysautismjourney

Facebook: Facebook.com/Kerry.Magro

Twitter: Twitter.com/KerryMagro

Instagram: Instagram.com/kerrymagro

TikTok: tiktok.com/kerrymagro



SCAN ME